

Spring Branch - World HQ

TRY TO ARRIVE **15-20 MINUTES EARLY** TO ALL CLASSES

Before attending class, don't forget to: Meditate, Warm-up, and Practice. And if time allows, Clean & Organize

	MON	TUE	WED	THU	FRI	SAT
morning classes	all 11am - 12 noon		all 11am - 12 noon			all 10:30am - 12 noon
5:30pm to 6:30pm	youth		youth		youth	
6:30pm to 8:00pm	all	all	all	all	all	

revised 7-1-10

Areas marked "all" indicate classes are for *all* level belts.